**About the Book**

This book is aimed at older adults who are committed to aging as creatively and wisely as they can. It is aimed, too, at those who offer spiritual care to adults of all ages in a variety of settings, as chaplains, pastors, parish nurses, social workers, therapists, or spiritual directors - anyone who listens deeply to people’s stories and, in the process, helps them re-story in healing ways.

**About the Author**

William L. Randall, MDiv, EdD, is Professor of Gerontology at St. Thomas University, in Fredericton, NB, Canada. A graduate of Harvard, Princeton Seminary, and the University of Toronto, he is author or co-author of over 60 publications on the subject of Narrative Gerontology. His work is especially relevant for those who appreciate the power of narrative care in promoting well-being in later life.

[www.williamlrandall.com](http://www.williamlrandall.com)

**What Readers Are Saying**

“Bill Randall entices us to cultivate stories, as listeners and tellers, as we journey through life. ... Masterfully weaving together the themes of aging, spirituality, and narrative, the book is filled with stories, both humorous and touching. He charts a path for scholars, teachers, and clinicians, as well as the general reader interested in deepening their understanding of [how] stories guide our growth, help us heal, and hold the power to transform our lives. A joy to read!”

“This book really spoke to me, and reaffirmed a core belief of mine, which is simply stated in the title. ... There is a positive quality to the book that inspires reflection, mindfulness and connectedness. ... there is something in this book for everyone ... Time to read it again.”

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